# I Can't Rest Now, Lord! I'm Responsible...

ena Bradford



**GENA BRADFORD** speaks and writes for the inspirational market, gently reminding weary, beleaguered men and women of their immeasurable worth to God. A former struggler with burnout, she shares vibrant, life-changing lessons, helping others come into God's rest amid the relentless, everyday challenges of working and living.

Her recently published book, *I Can't Rest Now, Lord! I'm Responsible ... 30 Days from Burnout to the Heart of God* shares devotional lessons that minister to tired hearts on how to walk out of burnout and stay out (for both individuals or study groups). She writes of God's willingness and desire to take care of us—to carry all of our cares and responsibilities. He calls us to live in responsiveness to the gentle leading of the Holy Spirit. Jesus tells us that

to be yoked with Him is light, not burdensome. Come to recognize orphan thinking (those heart messages that won't let us rest), and then replace them with the truth of the knowledge of God's unconditional love, both now and forever. He is for you! All of Heaven is for you!

Gena's articles have appeared in magazines and anthologies, including: *Guideposts Magazine, Miracles Still Happen, What I Learned from God While Cooking, So Many Miracles, A Cup of Comfort Devotional for Women, Life Savors: Savory Stories to Inspire Your Soul, Love and Forgiveness, and Love is A Verb.* A retired teacher in public education, she's currently a part-time adjunct at Whitworth University. Gena enjoys teaching writing workshops, keynoting at conferences, retreats, banquets, and training events, stateside and abroad.

## **BOOK REVIEWS**:

"To all who feel the weight of the world bearing down on your shoulders ... Stop right now and READ this book! You are not responsible for everything and everyone. Jesus is! Gena reminds us in this delightful (and helpful) book that we only need to be responsive to Him. Through Gena's honest reflections on her journey, you'll learn to let go, trust more, and open up to God's best for you!"

-Joe Wittwer, Pastor of Life Center Church Spokane, WA

"I have had the wonderful privilege of reading Gena Bradford's book of devotions two times now, and it only gets richer and more impactful. Serving as a pastor's wife, I was grateful to be with 26 women who read and participated in this weekly study. Even those who have not been to the point of true burnout, can greatly benefit from the Biblical principles and revelatory insight Gena has shared with both transparency and poignancy. I believe this study will bless, delight and bring transformation in the hearts of those who read and receive from its timeless truth."

-Patricia Malott, Associate Women's Pastor of Sozo Church, Spokane, WA

For more information or to order books: **genabradford.com** will link directly to Amazon Books. Contact her for speaking events: *restnow1418@gmail.com* 

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### **10 SPEAKING TOPICS:**

- *I Can't Rest Now, Lord! I'm Responsible* (Her book talk: From one to 7 sessions)
- Getting Rest in a Restless World
- Ways of Leaving a Spiritual Legacy
- Forgiveness and Grace
- Door of Hope in Discouraging Times
- Motherhood: Joy, Grief, and God's Comfort
- The Love of the Father
- The Joys and Humor of Growing Older
- How to Write Your Life Story (One or more sessions)
- How to Keep a Journal: Spiritual, Travel, Gratitude, Other

## **SPEAKING EXPERIENCE:**

- Women's Retreat Speaker (various denominations)
- Washington State: Stonecroft Christian Women's Connection Speaker
- Whitworth University Teacher Department Keynoter
- Women's Evening Book and Bible Studies Speaker
- Church Special Events Speaker
- Home School Association Speaker
- University Foreign Students Club Speaker

### **ABOUT GENA:**

"Gena is a woman of deep faithfulness and her sensitivity to the movement of the Spirit adds special depth and urgency to the message she offers. She loves Christ and that love is very evident in the way that she presents her message. She has a gentle spirit. Her life has been tempered and tested by trouble and it has produced a depth and warmth that adds even greater validity and vitality to her message. I commend her to you in her truly important work."

- David Peterson, Retired Presbyterian Pastor, Houston, Texas

"It has been said of Gena, that she doesn't just teach, she inspires. Her presentations are full of humor, transparency, and encouragement. She directs her audience to the love of God."

-Therese Marsalek, Author of Extraordinary Miracles in the Lives of Ordinary People

Married for 50 years, Gena and Jack delight in their four children and four grandchildren. They live in the Inland Northwest. Gena's hobbies include raising dogs—really anything with fur, tap dancing, bird watching, and bike riding. She grew up in a military family with seven years of her childhood in Germany. That gave her a great love for international travel and speaking.

On her bucket list, she would like to visit the major zoos of the world, see Ireland and Scotland just to hear the lovely dialects, and travel the United States in an RV. *First, she has to get the RV*.

Contact Email: *restnow1418@gmail.com* or 509-327-3096 message phone. Learn more and visit her website at: *www.genabradford.com* Find her book on Amazon.com

